

DESTIN WOMAN'S CLUB

NEWSLETTER – September 2017

P.O. Box 9267 Miramar Beach, FL 32550

Visit our website: Destinwomansclub.org



BOARD MEETING

Wednesday, September 6, 2017

2:30 pm

Bancorp South Bank Building

13331 Emerald Coast Parkway, Destin

Executive Board and Governing Board

Next Meeting and Luncheon

Regatta Bay Golf & Yacht Club

465 Regatta Bay Blvd, Destin, FL 32541

(850) 337-8080



Wednesday, September 13, 2017

Check-in: 10:45 to 11:15 a.m.

Social time: 11:00 to 11:30 a.m.

Program: 11:30 to 12 noon

Lunch: Noon

Business Meeting To Follow

Reservations and Menu: see last page

Deadline to RSVP is Friday, September 8, at noon

September 2017 PROGRAM

Ladies, you will not want to miss this fantastic presentation by Matt Staver and Kelley Kochendorfer from Blueprint Health Studio!!!

Blueprint Health Studio

Blueprint Health Studio was created from the belief that a more personal approach to health and fitness is most beneficial. They strive on catering to people of all ages, limitations and needs. The goal of Blueprint Health Studio is to offer a one-on-one approach to fitness through personal training specific to each person, with goal tracking and diet counseling, all in a relaxed and private environment.

Blueprint Health Studio is comprised of a family of team members who are proud of their work in helping people reach their life long health and physical goals.

Matt Staver is the founder of Blueprint Health Studio. He found in his career in the health and wellness field that clients are more comfortable in a smaller and controlled environment when working out. This concept was in the forefront of his mind when he came up with the idea of Blueprint Health Studio. Matt has been in the health and wellness field since he was a young man playing different sports and teaching classes since he was a teenager. He continued his passion by going to the college of Health Sciences and playing football at the University of Central Florida. His goal has always been to help people transform their lives for the better in order to create a healthy community and inspire others to make their own health their top priority. He has been published in the national magazine Shape and has been voted the Best in Destin and the Best on the Emerald Coast for Personal Training for the last several years in a row.

Kelley Kochendorfer is equally experienced in the health and wellness field and it has always been a part of her life. From growing up a competitive athlete Kelley continued that passion into college at Texas Tech University where she was a 4x National qualifier in Track and Field. She received her education in Biology and Exercise Sports Science. She brings energy, compassion and a keen sense of knowledge to all those she serves. Kelley pays particular attention to every client's lifestyle and incorporates this into developing realistic goals for them. She is a Partner with Matt and runs the 30-A Studio.

Kelley, along with Matt, offer an incredible menu of fitness training selections, unparalleled to any other regional offerings, for clients of all levels, age and experience. They are proud to announce the addition of group classes and yoga at both our convenient Destin and 30a locations.

President's Letter

Here we go again, dear Ladies!!

Another wonderful year to look forward to with the DWC!!

I sincerely hope you have all had a wonderful summer visiting family or having family inundate you because you live on the Emerald Coast! Am pretty sure like myself you can't wait for some cooler weather and a day without rain!!

I don't know where to begin with this letter – I have so many things to tell you!

On Monday August 21st the Ex. Board met with very courageous members who have decided to either be a Chair/Co-Chair or Chair on one of our many Governing Board Committees. Needless to say we had a fun morning and I think that our new Governing Board Chairs/Co-Chairs left that meeting feeling less daunted about our upcoming new year and the important role each and every one of them will play on our Governing Board.

The Ex. Board and I would like to thank the following members for taking positions on our Governing Board for 2017/2018:

Scholarship:	Debbie Wilson
Lunch Programs:	Debbie Wilson & Helen Everett
Restaurants:	Sally Maurer & Sue Whitten
Historian:	Anne Petzold
Fisher House:	Sylvia Vazquez and Anne Petzold
Facebook:	Sylvia Vazquez
Friend to Friend:	Peggy Reis – Co-Chair
Family Fund:	Glenda Jernigan – Co-Chair
Ways & Means:	Linda Hodges – Co-Chair

Huge thanks are also due to the following Governing Board Chairs who are staying in their current positions:

Sarah Baker:	Newsletter Editor
Simona Ondrejкова:	Membership
Publicity/Website:	Peggy Herbig
Sponsorship Task Force:	Sandra Williams/Patti Burcham/ JoDell Haverfield
Reservations:	Cyndi Hyatt
Hospitality:	Helen McMillan
Christmas Parade:	Sherry Sheldon
Ways & Means:	Carol Rementer
Family Fund:	Mabel Prescott

As a side note, I would like to add that any member is always welcome at our monthly Executive/Governing Board Meetings that are held on the first Wednesday of each month.

As all of you are very well aware, not only as members but also the wonderful media coverage we have had over the summer, that our Spring Fashion Show was a huge success and we are now beginning to get organized for a Fall 2018 Fashion Show. As soon as a date and venue have been confirmed you will all be the first to know and naturally, sign-up sheets for various Committees will be found everywhere we turn!!

Another positive that came out of our very successful Fashion Show was the Club's ability to be able to donate more funds to other local Charities.

In June your Executive Board agreed to donate \$500 each to:

Feline Friends of Destin

Feed the Need of Fort Walton Beach

Sharing & Caring of Walton County

Sacred Heart Women's Health Program

Harvest House in Destin

In addition to the above, DWC donated \$2,000 to the Children's Volunteer Health Network.

You should all be very proud of the hard work you committed to our Spring Fashion Show and the financial rewards we were able to pass on to not only Fisher House and our very own Family Fund but also to the above Charities.

November Bazaar: Most of our entrepreneurs will be aware that every November for the last few years we have held a Member Bazaar at our November Lunch. Last year we moved away from this and had just a "white elephant stall" and I am curious to know if those of you among us who have set up a table at previous November Bazaars would be interested in doing this again this year? I would love to hear from you all!!

Before I close, I would just like to say be on the "look-out" for VIP Magazine as we are being featured in their September/October issue – hopefully it will be a great "ad" for our wonderful Club.

As we move into the Fall months, be assured that we will be organizing another Dolphin Sunset Cruise before the days get too short and will also be looking at a ladies evening out at a local Cooking School! In addition to a "Sip, Sip, Hooray" evening of "meet and greet" and an afternoon at J. McLaughlin's in Grand Boulevard where the Club will receive 15% of their sales that afternoon. More details will be available at our September lunch, which is being held at Regatta Bay on Wednesday September 13th and the Board and I look forward to seeing all your lovely faces then!!

Warmest regards,
Your very proud President,
Kate



September Birthdays

Maggi Grogan, September 2
Mary Chalmers, September 4
Helen McMillan, September 16
JoDell Haverfield, September 17
Theri Isaacs, September 22
Izabela Basler, September 24
Joyce Sullivan, September 26
Denise Kendust, September 27
Jade Balden, September 30

DESTIN WOMAN'S CLUB GENERAL MEETING

June 14, 2017

Kate called the meeting to order for this, our final meeting of the 2017 year, at 11:45 a.m.

Cindy Posey gave the invocation: "Dear Lord, we'd like to take this moment to thank you for giving us the finest group of women who have led our Club this year. They have brought experience and management skills that have helped us succeed in our efforts to help others in need. Their personalities and insights were a positive addition to our team. They were the problem solvers of our Club in both rewarding and difficult times, but with your help we got to the finish line! We have enjoyed each other's efforts to obtain our goals and it hasn't always been an easy task, but we succeeded. As we begin our new year with our newly elected officers, help us face the challengers to keep pace with all it entails. Bless each and every one of us and keep us on the right path. We ask this in Your name. Amen" Cindy also added prayers for Beth Ann Cox's father, who passed away recently. Also for the people who were hurt in today's shooting in Washington DC.

Kate asked for the Chairs of the Fashion Show Committees to step forward, along with representatives of Fisher House, for a photo presentation of our donation of \$8,763. We also presented Children's Volunteer Health Network with a check for \$2,000 donated from the

DWC Family Fund. Margaret, the CVHN representative, thanked the club on behalf of the 16,500 children that they help every year.

Minutes of the last meeting: These can be found in the May newsletter. Any questions should be directed to Maggi Grogan.

Treasurer's Report. In Denise Dobelek's absence, Kate reported that the Club's Balance Sheet currently shows assets of approximately \$23,000, including the Family Fund, Operating Account, Fisher House, Fundraiser Account and Corporate Sponsorships.

Correspondence: Sherry Sheldon announced that we had received thank you cards from Fisher House and CVHN for our recent donations.

Membership: Simona said that we will include July and August birthdays in with the June birthday girls. They are: Kate Callicotte, Joanne Blumenshine, Kathy Cray, Peggy Herbig, Mia Hughes, Sandra Jackson, Clarissa Jennings, Patty Miller, Cheryl Pawalczyk, Peggy Reis, Betsy Stout-Jones, Dawn Stuntz, Ann Van Osnabrugge, and Sandra Williams. There were several guests: Sylvia Vasquez brought her mother-in-law, Jean. Mabel Prescott brought former DWC member Glenda Jernigan, who now works closely with Harvest House. Simona also emphasized that annual dues should be paid by the end of the month. Please give a check to Kate, or mail to our Post Office box as soon as possible.

Donations: Kate said that the Board had agreed to donate \$2,000 from the Family Fund to be split among 4 local charities. The Board has selected Feed the Need (Okaloosa County), Caring and Sharing of South Walton, and Feline Friends of Destin. An additional \$500 will be donated to a fourth charity to be decided over the summer. Also, the Board had agreed to donate \$500 to Harvest House in response to an urgent need for food for their pantry. The Board had also asked members to bring non-perishable foods to the meeting, and our members responded generously. Glenda Jernigan came forward to accept the donations of money and food. She said Harvest House helps hundreds of families with food on a regular basis, as well as special occasions such as Thanksgiving and Christmas.

Dolphin Cruise: Carol Rementer is organizing a Dolphin Cruise for later this month. A signup sheet was circulated to see which date would be best for members. The cruise will leave from AJ's on the Harbor and last for approximately 2 hours. This is a fun outing that the club has enjoyed in the past.

Fashion Show follow up: Linda Hodges, Fashion Show Co-chair, sent out an email following the fashion show, asking for feedback and comments. Although only receiving 13 replies, all were positive. A meeting will be arranged over the summer, probably around the middle of July, for the Fashion Show chairs to recap the show. The Board had decided that a Fashion Show will be held in 2018. Possible venues and dates will be discussed, and findings will be announced at the September meeting.

Governing Board: Kate said that all Governing Board positions had been filled, but some Co-chairs were still needed. Positions are as follows:

Family Fund:	Mabel Prescott
Membership:	Simona Ondrejko

Hospitality:	Helen McMillan
Chaplain:	Cindy Posey
Fashion Show:	Linda Hodges
Facebook and Website:	Sylvia Vasquez
Newsletter:	Sarah Baker
Scholarship:	Debbie Wilson
Programs:	Debbie Wilson and Helen Everett
Restaurants:	Sally Maurer and Sue Whitten
Fisher House:	Sylvia Vasquez and Ann Petzol
Publicity:	Peggy Herbig and Sylvia Vasquez
Friend to Friend:	Kathleen Hall and Peggy Reis
Sponsorship Task Force:	Patti Burcham, Sandra Williams and JoDell Haverfield
Reservations:	Cyndi Hyatt
Christmas Parade:	Sherry Sheldon

Door prizes. Donors of door prizes were Med Spa, Georgeia Pappas-Johnson, and Patti Burcham.

Installation of Officers: Cindy Posey swore in the new slate of Executive Board officers for the 2017-2018 year. These were:

President:	Kate Callicotte
Vice President:	Helen Everett
Treasurer:	Denise Dobelek
Correspondence Secretary:	Sherry Sheldon
Recording Secretary:	Maggi Grogan
Advisor/Parliamentarian:	Patti Burcham

After wishing all members a happy and safe summer, Kate wrapped up the meeting at 1:35 p.m.



Final Call for 2017-2018 Membership Dues

The DWC by-laws require that the annual membership dues be paid by May which was almost four months ago. Please bring your check for \$50 to the **September** meeting or mail it to: DWC, P. O. Box

9267, Miramar Beach 32550. Thank you!



We need door prizes – if you would like to donate door prize items for our monthly luncheon, please contact Cyndi Hyatt at 205-999-9281. Thank you!

Exciting News from your Sponsorship Task Force!

Dear Members,

This has been a banner year with regards to Sponsors for DWC. In fact we have exceeded our goal! Please take an opportunity to recognize and thank the following Sponsors:

Platinum Sponsor:

The Destin Center for Cosmetic & Family Dentistry from Dr. Dennis Lichorwic

Gold Sponsor:

Dermatology Specialists of Florida & Aqua Medical Spa
Have Travel Memories, JoDell Haverfield, DWC Member

Silver Sponsors:

Coastal Skin Surgery & Dermatology
Bancorp South Bank

Bronze Sponsors:

First Florida Bank from President Frank Burge
Prescott Architects, Inc. from Mabel Prescott, DWC Member
Steve & Patti B Burcham, Patti B, DWC Member
Wal-Mart Destin
Matthews & Jones, LLP, from Dana Matthews
Ted & Sandra Williams, Sandra, DWC Member
Krueger, Fosdyck & Associates of Merrill Lynch
Today's Boutique
Roger & Sarah Baker, Sarah, DWC Member
Betsy Sells Avon, Betsy Stout-Jones, DWC Member
Premier Property Group, Sally Maurer, DWC Member

In-Kind Sponsors:

Storage Max Destin

Patrons:

Denise Kendust, Individual Patron & DWC Member
Diane Neuman, Individual Patron & DWC Member
Dawn Stuntz, Business Patron & DWC Member

As ALWAYS, we welcome your suggestions for potential Sponsors. If you know of any business owners that you feel would be a potential Sponsor, please do let us know. We would be delighted to reach out to them.

Please see below for the levels of Sponsorship Opportunities. We will be happy to provide you with details on each level and their amenities. Thank you!

Sandra Williams, JoDell Haverfield and Patti B, Chairs for Sponsorship Task Force

Sponsorship Opportunities 2016-2017:

Platinum Sponsor Level \$2500

Gold Sponsor Level \$1500

Silver Sponsor Level \$750

Bronze Sponsor Level \$250

SAVE THE DATE!

October 13, 2017

DWC will be hosting

Sip and Shop Event

At

J McLaughlin Boutique



All Members are invited to show support!

J McLaughlin will be donating 15% of all sales to Destin Woman's Club to help support our local charities and families in need.

LUNCHEON RESERVATIONS MUST BE SENT TO Cyndi Hyatt at cynhyatt@att.net by **NOON ON THE FRIDAY PRIOR TO THE LUNCHEON**. Though we understand that unexpected things happen, and on these rare occasions will do our best to accommodate, we simply cannot accept reservations on Tuesday afternoon. Your understanding and cooperation will be greatly appreciated!

When you send your reservation, PLEASE INCLUDE YOUR FULL NAME AND YOUR MEAL CHOICE. Lunch is \$22 payable to DWC on the day of the luncheon. Late cancellations and no-shows will be responsible for paying \$22!!!

Menu Entrees ~ Confirm ONE from the three choices below:

- 1. New York Strip** – topped with Boursin whipped potato and asparagus
- 2. Blackened Grouper** – bronzed Grouper topped with Etoufee over brown rice
- 3. Veggie Stuffed Portobello Mushroom** – large Portobello mushrooms stuffed with onion, ginger, red and green peppers, garlic and pecan

Dessert – fresh baked cookies